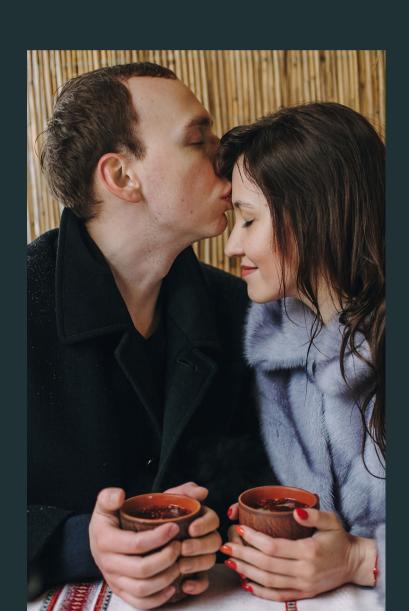


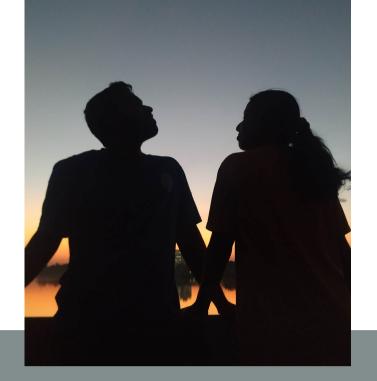
TRAINING

O1	Introduction to Healthy Marriage Healthy Church
SO	Understanding Biblical Foundations of Marriage
03	Group Facilitation Skills

O4 Self-Care and Boundaries

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01 Introduction HMHC

Introduction to Healthy Marriage Healthy Church:
Promoting Strong Marriages Within the Faith
Community

In a world that is constantly evolving, where relationships face unprecedented challenges, the importance of healthy marriages cannot be overstated. These marriages are the cornerstone of healthy families, resilient communities, flourishing societies and thriving churches.

Recognizing this profound importance, the "Healthy Marriage Healthy Church" program has risen up as a valuable resource hub within our faith communities. Its mission? To provide the necessary tools and resources to nurture and strengthen the sacred institution of marriage.

Strong marriages equal strong churches

HMHC Wession of Vision At the heart of Healthy Marriage Healthy Church lies a compelling mission and vision.

At the heart of Healthy Marriage Healthy
Church lies a compelling mission and vision.
The mission is to nurture and sustain healthy
marriages by equipping couples with the tools,
resources, and support they need to build
lasting, meaningful relationships. The vision, in
turn, is a culture where marriages are
characterized by love, mutual respect,
effective communication, and a strong
commitment to one another.

This mission and vision are not confined merely to the boundaries of individual relationships. Rather, they extend to the entire faith community and beyond. Healthy Marriage Healthy Church recognizes that strong marriages not only contribute to the well-being of couples and families but also serve as a driving force for the overall spiritual and emotional health of the church and its members.